

# DRSABCD action plan

In an emergency call triple zero (000) for an ambulance



## D DANGER

Ensure the area is safe for yourself, others and the patient.

## R RESPONSE

**Check for response**—ask name—squeeze shoulders

**No response**

- Send for help.

**Response**

- make comfortable
- check for injuries
- monitor response.



## S SEND for help

**Call Triple Zero (000)** for an ambulance or ask another person to make the call.

## A AIRWAY

**Open mouth**—if foreign material is present:

- place in the recovery position
- clear airway with fingers.

**Open airway** by tilting head with chin lift.



## B BREATHING

**Check for breathing**—look, listen and feel.

**Not normal breathing**

- Start CPR.

**Normal breathing**

- place in recovery position
- monitor breathing
- manage injuries
- treat for shock.



## C CPR

**Start CPR—30 chest compressions : 2 breaths**

Continue CPR until help arrives or patient recovers.



## D DEFIBRILLATION

**Apply defibrillator** if available and follow voice prompts.

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